

Review Article

Periodontal vaccine: Systematic review

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ABSTRACT:

Aim: This systematic review aims to discuss the various immunization strategies related to periodontal diseases (PD) attempted so far. **Methodology:** An extensive literature Search was performed in electronic databases, such as PUBMED, Cochrane central register of controlled trials, Google scholar and science direct using various search terms such as “periodontal vaccines”, “porphyromonas gingivalis”, “chronic periodontitis”, “ genomic vaccine ”, “ recombinant vaccine”, “immune response”, “ vaccination against periodontal bacteria”. No limits and language restriction were applied during the electronic search to include all the possible animal studies, clinical trials in the potential relevant article search phase of the systematic review. **Results:** Forty eight studies were included in the present review. Out of which nine studies were done in Macaca fascicularis models and thirty nine studies were done in Murine models. Forty one immunization studies were done using various components of Porphyromonas gingivalis, four studies were done using Aggregatibacter actinomycetemcomitans and three studies were in other microorganisms. The studies have evaluated any of the three main parameters such as an increase in serum antibody titer, inhibition of pathogenic microflora and improvement in clinical parameters. Some studies have evaluated multiple outcome measures as well. A total of forty studies have evaluated an Increase in Serum Antibody Titres, fourteen studies evaluated the inhibition of pathogenic microflora and twenty studies have evaluated the improvement in clinical parameters. **Conclusion:** Studies evaluating Porphyromonas gingivalis are the most common and the structures showing the most potential as a vaccine candidate are Outer membrane proteins, fimbriae and gingipains, the structure having the least potential is Lipopolysaccharide.

Keywords: Periodontitis; Vaccine; Virulence; Porphyromonas gingivalis; Immune response; Animal studies.

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INTRODUCTION

Periodontal diseases belong to a heterogeneous family of diseases, which demands a clear need for a better understanding of the etiology and pathogenesis behind formulation of a vaccine against the same. Both specific and nonspecific plaque hypothesis has its own merits and demerits.^{1, 2} However, epidemiological evidence indicates that host factors are likely to be of over-riding importance for the most severe forms. Specific inhibitors of virulence factors provide a logical approach, but their clinical application still demands improvement. Improvement of general health and resistance to disease by proper nutrition, the avoidance of intercurrent disease, and elimination of smoking and stress-induced risk are encouraged. The genetic basis of susceptibility to periodontitis is increasingly understood, and, while gene therapy is not likely to be a practicable approach to prevention, genetic markers of risk are emerging. The vaccine

should also be investigated first in animal models like rodents, followed possibly by nonhuman primates, before being studied in human beings. Various bacterial strains being investigated are Porphyromonas gingivalis, Prevotella intermedia, Tannerella forsythia (previously T. forsythensis), Bacteroides macacae, Aggregatibacter actinomycetemcomitans (previously Actinobacillus actinomycetemcomitans) and Campylobacter rectus. These strains are used for periodontal vaccine preparation. The immunogens being tested included whole cells, sonicated cell walls, fimbriae and few purified proteins. Periodontal disease (PD) typically leads to halitosis, oral pain or discomfort, and periodontal damage which can result in tooth loss.³ Moreover, periodontitis may have a substantial effect on systemic health. Epidemiological, clinical interventional, and experimental studies have provided compelling evidence that periodontitis

adversely impacts systemic health in humans. However, clear confirmation that successful treatment of PD can reduce the risk or incidence of PD-associated conditions like atherosclerosis and type 2 diabetes mellitus is lacking.^{4,5} This injudicious use of antibiotics is alarming, especially considering the ubiquity of PD and the extra-oral distribution of systemic antibiotics, as this contributes to the development of antimicrobial resistance.⁶ Antimicrobial resistance has evolved as one of the most urgent threats to public health, causing treatment failures, prolonged hospital admissions, and increases in healthcare costs.⁷ Since the host inflammatory response acts as main driver of tissue destruction and simultaneously exacerbates dysbiosis, it can be reasoned that adjuncts to mechanical debridement should not rely on nonspecific bacterial clearance by systemic antibiotics, but rather on the alteration of host immune responses. periodontal vaccines may contribute to long-term prophylaxis, by preventing the subversion of the immune system by keystone PD pathogens, avoiding and reverting dysbiosis, and averting destructive hyperinflammation.⁸ In addition, periodontal vaccines might discourage the use of antibiotics.⁶ Efficacious periodontal vaccines will need to elicit protective antibody responses in the oral cavity that are specific for PD inducing bacteria. Local antibody responses in the oral cavity rely on both systemic (IgG) and mucosal immunity (secretory IgA, SIgA). IgG within the oral cavity mainly originates from the blood circulation by passive leakage via the gingival crevicular epithelium, while the SIgA is locally produced in the salivary glands by activated B cells that migrated from the mucosa associated lymphoid tissues (MALT).⁹ Hence, effective periodontal vaccines must induce both systemic and mucosal immunity in the oral cavity, which has proved difficult with traditional vaccination strategies. This is evident by the current lack of a human periodontal vaccine, while the first vaccines against PD, including the Inava Endocorps vaccine, were already developed in the early twentieth century.¹⁰ Reviews so far conducted have stressed on the need for preventive therapy for periodontal disease because of its worldwide prevalence, systemic disease linkage, and the failure of traditional periodontal therapy to regenerate the lost periodontium or to eliminate the disease.

AIM OF THE PRESENT STUDY

This systematic review aims to discuss the various immunization strategies related to periodontal diseases (PD) attempted so far.

METHODOLOGY

A Search was performed in electronic databases, such as PUBMED, Cochrane central register of controlled trials, google scholar, science direct using various search terms such as chronic periodontitis, aggressive periodontitis, experimentally induced periodontal

disease, adult periodontitis, acute suppurative periodontitis, apical periodontitis, chronic periodontitis, circumpubertal periodontitis, animal model, animal study, preclinical study, monkey study, rat study, dog study, rabbit study, animal studies for periodontal vaccine, periodontal vaccine using non-human primates, periodontal vaccine using murine models, Immunization, vaccination, immune response, genomic vaccine, recombinant vaccine, subunit vaccine, adjuvant, periodontal vaccine, human periodontal vaccine, active immunization, passive immunization, DNA vaccine, acellular vaccine, autogenous vaccine, attenuated vaccine, bacterial vaccine, booster immunization, gene gun DNA immunization. No limits and language restriction were applied during the electronic search to include all the possible clinical trials in the potential relevant article search phase of the systematic review.

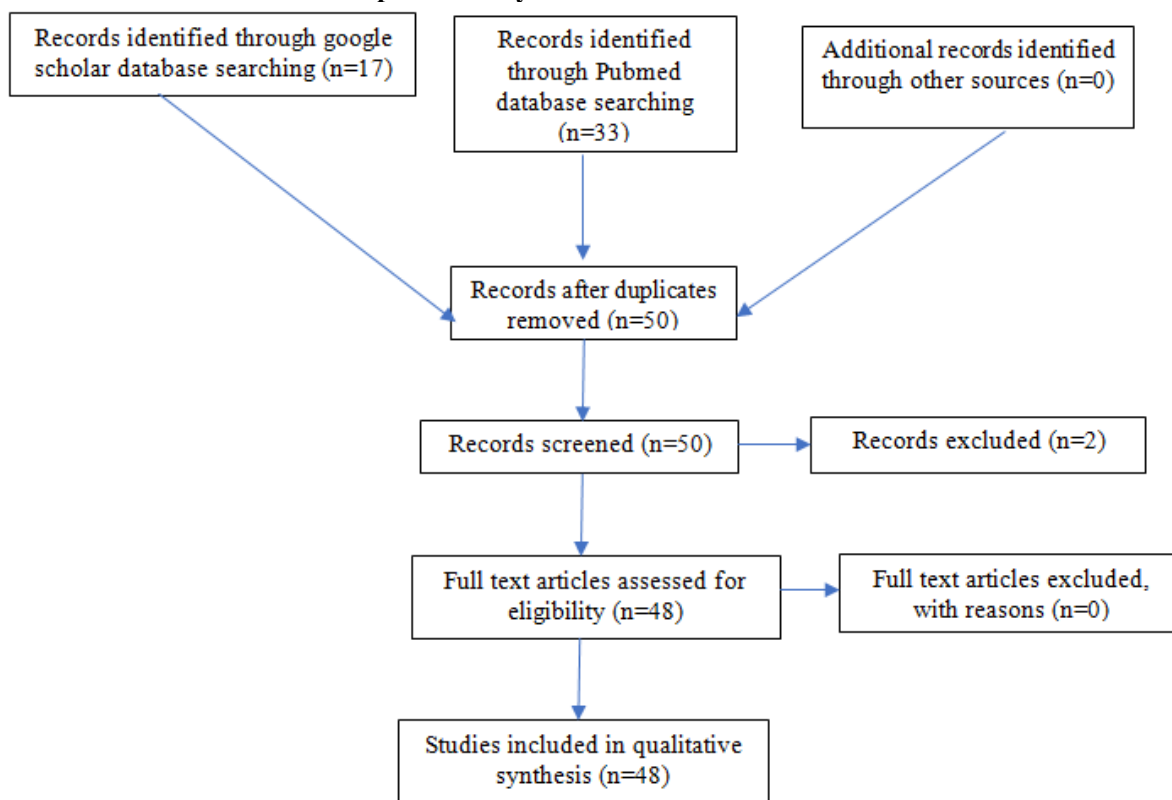
RESULTS

A total of forty eight studies were included in the present review. (Table 1) Out of which nine studies were done in *Macaca fascicularis* models and thirty nine studies were done in Murine models. Forty one immunization studies were done using various components of *Porphyromonas gingivalis*, four studies were done using *Aggregatibacter actinomycetemcomitans* and three studies were in other microorganisms. The studies have evaluated any of the three main parameters such as an increase in serum antibody titer, inhibition of pathogenic microflora and improvement in clinical parameters. Some studies have evaluated multiple outcome measures as well. A total of forty studies have evaluated an Increase in Serum Antibody Titres, fourteen studies evaluated the inhibition of pathogenic microflora and twenty studies have evaluated the improvement in clinical parameters. Among the forty one studies done in *P.gingivalis*, three studies have used whole cell as an antigen, four studies have used capsular antigen, seven studies were done on fimbriae, one using lipopolysaccharide, seven studies on outer membrane proteins, five studies on hemagglutinins, twelve studies using gingipain, one using heat shock protein and one using the genomic DNA respectively. A study by Choi et al. in a murine model, immunization with a conjugate vaccine consisting of *Porphyromonas gingivalis* capsular polysaccharide and Fimbriae led to an increased serum antibody titre of Immunoglobulin G.¹¹ However, it was not known whether capsule of *Porphyromonas gingivalis* was capable of eliciting the immune response on its own as *P. gingivalis* Fimbriae was also a part of the conjugate vaccine administered. Later on, Gonzalez et al. in his study went on to demonstrate that capsule as such was capable of eliciting an increase in titers of IgG and IgM and also provided protection against *P.gingivalis* induced alveolar bone loss. Based on the studies by Chen et al. and Elkins et al.^{12, 13} LPS as a vaccine did not show any induction of serum

Antibody Titres or protection against *P.gingivalis* induced alveolar bone loss. Therefore, LPS based vaccines may not confer any potential benefits as a vaccine candidate. In a study by Katz et al. subcutaneous immunization of rats with recombinant Hemagglutinin B (HagB) derived from *P.gingivalis* 381 showed an enhanced serum IgG response.¹⁴ Page et al. found that subcutaneous immunization of *Macaca fascicularis* with purified cysteine protease from *P. gingivalis* resulted in a high induction of serum IgG titres and reduction of *P.gingivalis* in subgingival plaque and reduced alveolar bone loss.¹⁵ After *P.gingivalis*, *Aggregatibacter actinomycetemcomitans* is considered an important pathogen in progression of periodontal disease. Takamatsu et al. in their study found that subcutaneous and intranasal immunization of mice with capsular serotype b specific polysaccharide antigen produced a specific antibody which efficiently opsonized *Aggregatibacter actinomycetemcomitans*

serotype b.16 *Prevotella intermedia* or a combination of cell wall antigens with CEA of *Campylobacter rectus*, *F.nucleatum* and *Actinomyces viscosus* lead to a significant increase in serum IgG, IgM and IgA antibody levels. There are no human clinical trials until now. Longitudinal studies of human periodontal diseases present limitations in assessing the mechanisms of disease because there are numerous variables that are difficult to control among patients, including activity level, susceptibility, progression, and duration of the disease.¹⁷ Aukhil et al. (1988), Kohyama et al. (1989) and Sjostrom et al. (1994) in their longitudinal studies measured the reduction in serum IgG titers to different periodontal pathogens like *P. gingivalis*, *T. denticola*, *A. actinomycetemcomitans* and *F. nucleatum* following initial periodontal therapy [30,32]. Craig et al. in 2002, measured the serum IgG antibody response to six periodontal pathogens among three different population groups and found a positive correlation.¹⁸

Table 1: Prisma flowchart of the present study



DISCUSSION

Based on the results obtained from this systematic review, the organism which has been investigated the most in formulating a periodontal vaccine is *Porphyromonas gingivalis*, the least promising vaccine candidate could be the lipopolysaccharide. Studies on LPS did not show induction of any antibody response or significant clinical or microbiological improvements. The most promising vaccine candidates could be outer membrane proteins,

fimbriae and gingipains. Individually each of the components were able to stimulate a heightened immune response. A candidate vaccine combining these factors could prove effective against *Porphyromonas gingivalis* mediated destruction. One more observation was that, even though studies on capsule have shown promising results, they were among the least investigated components so far. Until now, the development of Vaccines for Human usage has always relied on conventional approaches that are

time consuming and requires the pathogen to be cultured in laboratory conditions and could identify only the abundant antigens. However, with the rapid advancements in bioinformatics, it is possible to study the complete genome sequence of an organism. Vaccine candidates can be identified from this method called “reverse vaccinology”.^{19, 20} This approach was first used to develop a vaccine against serogroup B meningococcus by identifying the antigens that could be used as potential candidates.²¹ This approach has been tried against *Porphyromonas gingivalis* as well. Very recently, Huang et al. have used a novel technique of cell free protein synthesis as a platform to produce vaccine candidates. They were able to recombinantly generate a cocktail of *P.gingivalis* proteins that were capable of eliciting a high serum IgG response as well as were capable of protecting the mice from progressive bone loss.²²

CONCLUSION

There are numerous studies in animal models that have yielded good results in terms of improvements in serum Antibody titres, reduction in bone loss. However, none have been able to identify a sole or complete vaccine candidate suitable for human usage yet. A candidate vaccine combining various components of the microbe could be one of the best solutions that could prevent periodontal disease as such.

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