

**ORIGINAL ARTICLE****Assessment of metal ion release from different bracket arch wire combinations**

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**ABSTRACT:**

**Background:** A considerable part of an orthodontist's armamentarium consists of metal. The present study was conducted to assess metal ion release from different bracket arch wire combinations. **Materials & Methods:** The present invitro study comprised of 80 sets of new arch wire, band material, brackets and ligature wires simulating fixed orthodontic appliance. These sets were divided into four groups of twenty each. Group I was stainless steel rectangular arch wires. Group II was rectangular NiTi arch wires. Group III was rectangular copper NiTi arch wires. Group IV was rectangular elgiloy archwires. These appliances were immersed in 50 ml of artificial saliva solution and stored in polypropylene bottles in the incubator to simulate oral conditions. After 90 days the solution were tested for nickel, chromium, copper, cobalt and iron ions using atomic absorption spectrophotometer. **Results:** The mean iron level was 0.32, 0.46, 0.62, 0.54 and 0.05 in group I, II, III and IV respectively. The mean nickel level was 1.3, 1.9, 2.5, 2.2 and 0.87. The mean cobalt level was 0.005, 0.02, 0.013, 0.014 and 0.02. The mean chromium level was 0.0, 0.019, 0.04, 0.03 and 0.01. The mean copper level was 0.01, 0.02, 0.003, 0.005 and 0.01 in group I, II, III and IV respectively. The difference was significant ( $P < 0.05$ ). **Conclusion:** The measurable amount of metals, released from orthodontic appliances in artificial saliva, was significantly below the average dietary intake and did not reach toxic concentrations.

**Key words:** Orthodontic appliances, Nickel, Cobalt

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**INTRODUCTION**

A considerable part of an orthodontist's armamentarium consists of metal. Noble metals and their alloys were esthetically pleasing and were corrosion resistant, but they lacked flexibility and tensile strength, these alloys were inappropriate for complex machining and joining when used as traction bars at that time.<sup>1</sup> Stainless steel has been the mainly used material in orthodontics since its introduction in 1932, with a wide range of applications in both fixed and removable appliances.<sup>2</sup>

Almost all fixed metallic orthodontic appliances comprise metals, such as nickel (Ni), chromium (Cr) and cobalt. Apart from withstanding physical, mechanical, and biological assaults, a fixed orthodontic set-up should also be biocompatible in the oral environment. Thus, it become an integral part of almost every routine orthodontic intervention.<sup>3</sup> Some arch wires with elastic properties (shape memory alloys) can contain more than 50% nickel. Release of nickel from metallic orthodontic appliances has been observed in several in vitro studies. Nickel release in vivo in the oral cavity has been more difficult to demonstrate, although corrosion has clearly been evident in the orthodontic appliances after treatment.<sup>4</sup>

During the last decade there has been an increased interest amongst health professionals about the side effects of biomaterials especially the metallic materials. This concern has been raised because of the well-established hazardous nature of the metal ions.<sup>5</sup> The present study was conducted to assess metal ion release from different bracket arch wire combinations.

**MATERIALS & METHODS**

The present invitro study comprised of 80 sets of new archwire, band material, brackets and ligature wires simulating fixed orthodontic appliance. These sets were divided into four groups of twenty each. Group I was stainless steel rectangular archwires. Group II was rectangular NiTi archwires. Group III was rectangular copper NiTi archwires. Group IV was rectangular elgiloy archwires. These appliances were immersed in 50 ml of artificial saliva solution and stored in polypropylene bottles in the incubator to simulate oral conditions. After 90 days the solution were tested for nickel, chromium, copper, cobalt and iron ions using atomic absorption spectrophotometer. Data thus obtained were subjected to statistical analysis. P value  $< 0.05$  was considered significant.

## RESULTS

**Table I: Distribution of samples**

Groups	Material	Number
Group I	Stainless steel rectangular archwires	20
Group II	rectangular NiTi archwires	20
Group III	rectangular copper NiTi archwires	20
Group IV	rectangular elgiloy archwires	20

Table I shows distribution of samples in different groups.

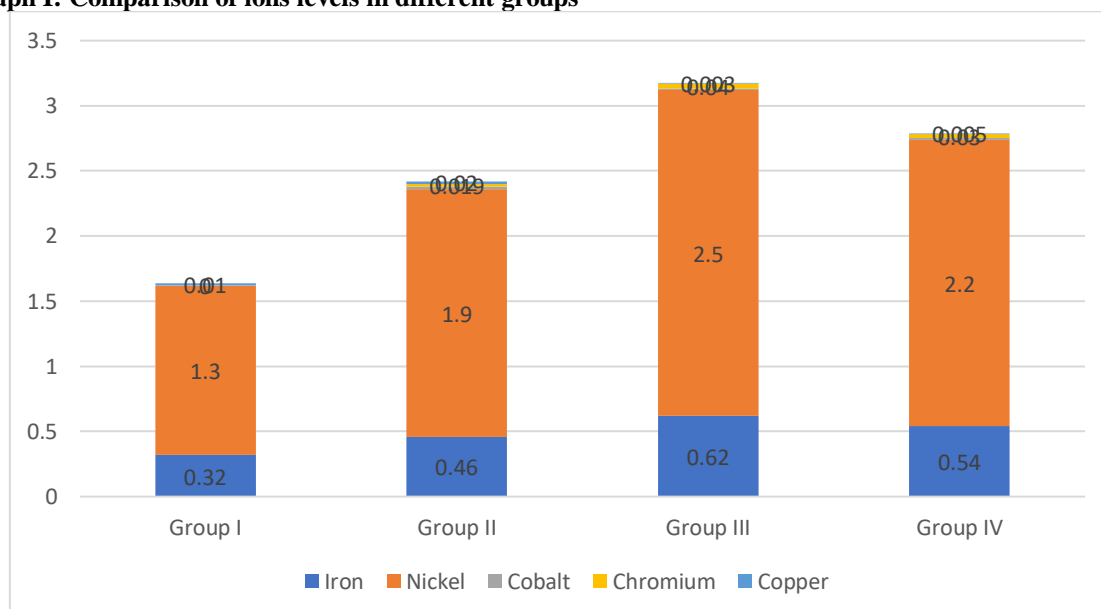
**Table II: Comparison of ions levels in different groups**

Groups	Iron	Nickel	Cobalt	Chromium	Copper
Group I	0.32	1.3	0.005	0.0	0.01
Group II	0.46	1.9	0.02	0.019	0.02
Group III	0.62	2.5	0.013	0.04	0.003
Group IV	0.54	2.2	0.014	0.03	0.005
P value	0.05	0.87	0.02	0.01	0.01

The mean iron level was 0.32, 0.46, 0.62, 0.54 and 0.05 in group I, II, III and IV respectively. The mean nickel level was 1.3, 1.9, 2.5, 2.2 and 0.87. The mean cobalt level was 0.005, 0.02, 0.013, 0.014 and 0.02.

The mean chromium level was 0.0, 0.019, 0.04, 0.03 and 0.01. The mean copper level was 0.01, 0.02, 0.003, 0.005 and 0.01 in group I, II, III and IV respectively. The difference was significant ( $P < 0.05$ ).

**Graph I: Comparison of ions levels in different groups**



## DISCUSSION

Orthodontic appliances are highly biocompatible, although some side effects associated with the release of nickel ions have been documented.<sup>6</sup> Fixed orthodontic appliances including brackets and arches are commonly made of stainless steel and nickel-titanium (NiTi) alloys and, therefore, have corrosion potential in the oral environment.<sup>7</sup> The amount of nickel as the main constituent of contemporary orthodontic appliances may vary from 8% in stainless steel to more than 50% in NiTi alloys. Stainless-steel alloys include 17% to 22% of chromium.<sup>8</sup> Nickel (Ni) and chromium (Cr) containing alloys are present in great numbers in a wide variety of appliances, auxiliaries, and utilities used in orthodontics and thus become an integral part of almost every routine orthodontic intervention. The use of various

combinations of metal alloys for prolonged durations in orthodontic patients warrants special consideration regarding their biocompatibility.<sup>9</sup> The present study was conducted to assess metal ion release from different bracket arch wire combinations.

We found that the mean iron level (mg/L) was 0.32, 0.46, 0.62, 0.54 and 0.05 in group I, II, III and IV respectively. The mean nickel level (mg/L) was 1.3, 1.9, 2.5, 2.2 and 0.87. The mean cobalt level (mg/L) was 0.005, 0.02, 0.013, 0.014 and 0.02. The mean chromium level was 0.0, 0.019, 0.04, 0.03 and 0.01. The mean copper level (mg/L) was 0.01, 0.02, 0.003, 0.005 and 0.01 in group I, II, III and IV respectively. Amini et al<sup>10</sup> conducted a study in which patients were divided into two groups and level of nickel was determined by atomic absorption spectrophotometry. Nickel concentration value (mg/L) in first group prior

to starting treatment was  $0.097 \pm 0.071$ . An increase in level of nickel was followed by decrease 4 and 8 weeks after applying the arch wire ( $0.208 \pm 0.112$ ) and ( $0.077 \pm 0.056$  mg/L) respectively. Nickel levels in saliva of the second group were showed minimal variation and ranged from  $0.061 \pm 0.044$  mg/L to  $0.083 \pm 0.054$  throughout period of study. It may be concluded that there could be a release of nickel from the appliances used in first group but it doesn't reach toxic level in saliva.

Petoumenou et al<sup>11</sup> in their study comprised of 45 orthodontic patients. The selected sample was divided into 3 groups. The first group consisted of 15 patients with fixed appliances in their upper & lower arches. The second group consisted of 15 patients with a fixed appliance placed only in the upper arch. The control group consisted of 15 patients who were not undergoing orthodontic treatment. Nickel and chromium release was quantified with the use of an atomic absorption spectrophotometer. The analysis of variance was used to determine if differences existed between the nickel and chromium release according to time interval. Four samples of stimulated saliva were collected from each patient before insertion of fixed appliance, 1 week, 1 month, and 2 months after insertion of the appliance. A considerable variation in the concentrations of both nickel and chromium was observed. Significant differences were found between the no-appliance samples and the samples obtained after insertion of the appliance. Nickel and chromium concentrations of saliva are significantly affected by fixed orthodontic appliances during the first 2 month of treatment.

Karnam et al<sup>12</sup> in their study sixty sets of new archwire, band material, brackets and ligature wires were prepared simulating fixed orthodontic appliance. These sets were divided into four groups of fifteen samples each. Results showed that high levels of nickel ions were released from all four groups, compared to all other ions, followed by release of iron ion levels. There is no significant difference in the levels of all metal ions released in the different groups.

The limitation the study is small sample size.

## CONCLUSION

Authors found that the measurable amount of metals, released from orthodontic appliances in artificial saliva, was significantly below the average dietary intake and did not reach toxic concentrations.

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